



27th September 2024

Dear Families

We've done some lovely activities this week.

On Monday all the children enjoyed working with the artists from Morrab library.

School seemed very quiet on Wednesday as all of year 5 and 6 were having a great day out at Cape. We heard stories of murder mysteries solved by Science and the baking of bread.

On Thursday a string quartet from IMS Prussia Cove came to school and performed for us. We even got to join in for one song - we sang, did actions and howled like wolves - it was ACE!

We have done lots of music this week. Rachel our lovely music teacher came in on Wednesday and again on Friday for those who missed their lessons as they were having fun at Cape. Thank you Rachel - we really appreciate it!

Did you see the text about the party on Friday 15th November? Keep the date free, we are planning a fun event for all the family! We don't know exact times yet but we expect it to start soon after school and run into the evening.

Choughs are particularly looking forward to next Tuesday, when parents, grandparents or other family members have been invited to bring in their old toys and share family stories. Please join us if you can.

### Stars of the Week

Choughs: Felix - for phenomenal effort & independent learning in Maths. Your work on number lines was amazing!

Puffins: Cèleste - for superb story writing that made us all laugh and for including speech with accurate punctuation.

**Attendance (YTD) = 95%**

Choughs = 96%

Puffins = 94%

# Wellbeing

## Webinars to support parents with neurodiverse children

[Wellbeing resources for parents and carers | Autism Central](#)

<https://www.autismcentral.org.uk/news/wellbeing-resources-parents-and-carers>



We understand the impact caring can have on wellbeing and how important it is to look after yourself when its difficult to find time to do so. Watch the series to understand more, including the impact of self-critical thinking, and what we can do to be more compassionate with ourselves.

Each episode features a conversation with Dr Naomi Fisher and Eliza Fricker on a different wellbeing topic with entertaining and relatable illustrations and practical exercises to follow.

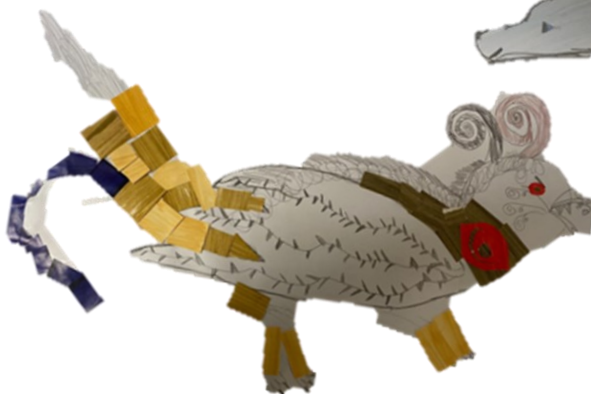
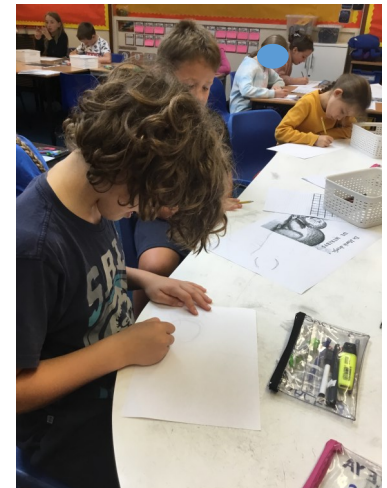
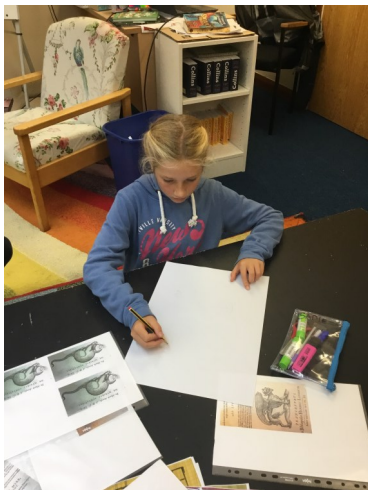
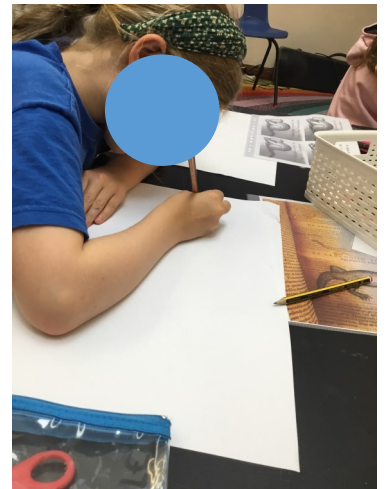
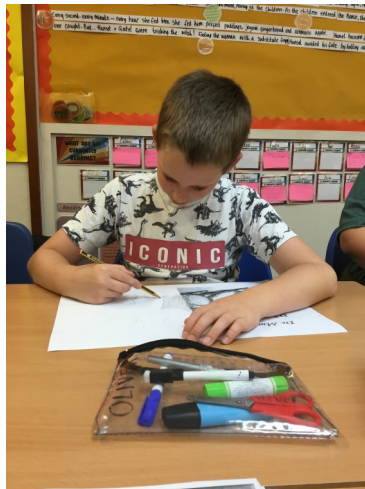
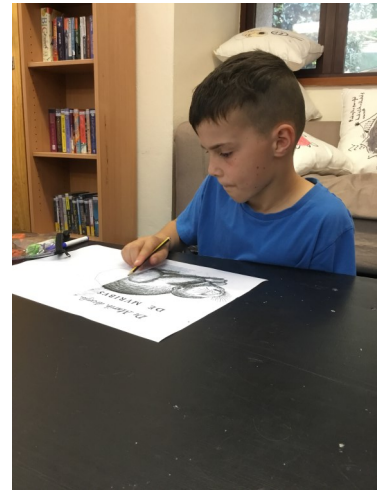
## Heamoor School Coffee Morning

Heamoor School are hosting a coffee morning on Wednesday 2nd October straight after the school drop off. St Levan parents are warmly welcomed to drop in if you can, bring a friend and have a peaceful coffee (or tea!) to start the day. Jenni and Sally from the Cornwall Council Parenting Together team will be joining us, feel free to speak to them about any challenges you are facing at home, even the small ones.

## In Puffins this week...

We had a visit from Phil, an artist who brought with him some incredible images from a 16th century book held at Morrab Library. The images were pictures of creatures as interpreted by the author. All of them looked very different from what we know today, but he had to draw them only from a description having never seen them before in real life!

Puffins then created their own mythical hybrid creatures and, set about turning the images into paper mosaics. They are not finished yet but here are some work in progress images!





# Shadow Puppets

In partnership with Morrab Library, we worked with Nadia, an artist from a museum in Manchester, designing and constructing our own shadow puppets. We used a very old book about mythical creatures to inspire us and used our hand prints to give us the shape of our puppets. We added a mixture of opaque and translucent materials to investigate what would happen. We then experimented with our puppets, exploring how to make their shadows bigger and smaller, and more blurry/distinct.

