

St Levan Primary School  
where all children SHINE...for life



The Bottoms, St. Levan, Penzance, Cornwall, TR19 6HD  
Tel: 01736 810486

## Year 4, 5 & 6 Residential



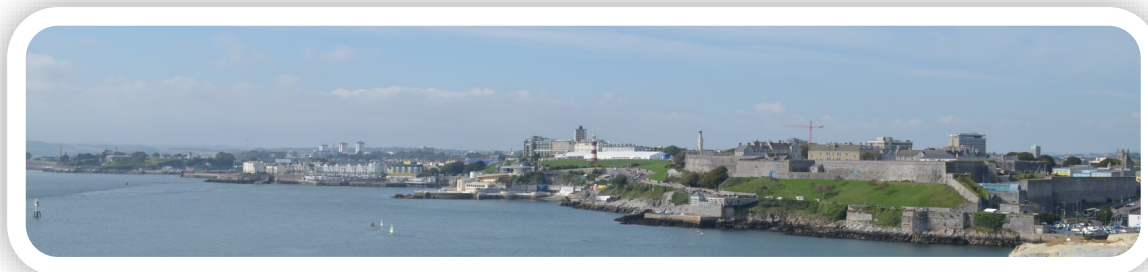
**Tuesday 30th April - Thursday 2nd May 2024**



## Centre Information

Commanding stunning views looking out towards Plymouth's historic Barbican area, the Hoe and across to Mount Edgcumbe, Mount Batten watersports and activities centre is perfectly situated on the tidal estuary of The Sound, making it an ideal, and safe, location for of all ages to experience water based activities.

The Centre has a small, friendly, dedicated and highly experienced team who are always on hand to ensure that visitors have an enjoyable time in a safe and welcoming environment. The Centre prides itself on its exemplary health and safety record.



## During our stay

The pastoral welfare and care of the children will remain the responsibility of St Levan teachers at all times. When a member of the Centre's staff is running a session he/she shares responsibility. At all other times, including the lunch period and overnight the group leaders are responsible for the welfare of the children.

Children will not be allowed to make or receive personal telephone calls and must not bring mobile phones with them. We need to insist on this, as many children (and parents and carers!) are fine until they hear a voice from home. The staff will be in touch with school. In case of an emergency, please telephone the Mount Batten, they will contact the school party. Alternatively, you can phone the school. (Numbers on next page)

## Sleeping Arrangements

Sleeping accommodation comprise rooms of 2 and 3 with bunk beds and single beds. We have our own corridor which only our party will have access to. There are separate boys and girls loos/changing and shower rooms along our corridor and we have the use of dining areas as well as rooms we can use for evening activities.

## Overnight routines and procedures

Clear routines will be established with the children for expectations at night and staff are available at all times should children need us along the same corridor.

## Catering Arrangements

The children will eat their breakfast and evening meals in one of the centre dining rooms. Lunch (packed lunch) will be eaten outside or back at the centre.

Meals:

- Breakfast: Time TBC (works on a rota system)
- Packed lunches: Time around 12:00 (own on first day, centre provides on other days)
- Evening meal: Time TBC (cooked on site - works on a rota system)

# Travel Itinerary

## Tuesday 30th April

- Arrive at school for 8:45am, leave luggage (labelled with your name) in playground
- Hand ant medication and form to Miss Finch
- Say goodbyes
- We will be departing at 9:00am and will travel by Mounts Bay Coaches mini bus to Mount Batten
- Arrive at Mount Batten Centre
- Tour and bags into rooms at Mount Batten
- Lunch (bring packed lunch and drink)
- Abseil and Ladder Climb
- Fire safety instructions and time in rooms to unpack
- 5.30 (approx.) evening meal
- Evening Activities (Exploring the local area)

## Wednesday 1st May

- Breakfast
- Stand up paddle boarding and bell boating
- Lunch
- Trip up to the Mount Batten Tower
- 5:30 (approx.) evening meal
- Evening Activities (Games with John Brolly)

## Tuesday 2nd May

- Breakfast
- Bags packed by 8.30am
- Inflatable rafts
- Lunch provided
- Depart Mount Batten for journey home
- Arrive back at school at approx. 4:00pm - 4:30pm

## Telephone numbers in case of an emergency

School: 01736 810486

Mount Batten Centre: 01752 404567

## Address for Mount Batten

Your child's name, St Levan Primary School

Mount Batten Centre

70 Lawrence Road

Mount Batten

Plymouth

PL9 9SJ

It is always really positive for children to receive a letter from home and especially once we arrive on the Tuesday. Please post the letter by Saturday just to make sure it arrives on time **or** you can hand it in to a member of staff on Tuesday morning before we depart. It does not have to be much, but just a few lines have a massive impact.

## Medical Information

We hope that your child will be well during their time away. In case of illness there is a doctor nearby as well as emergency hospitals. All centre staff and staff from St Levan are qualified First Aiders.

**The Parental Information and Consent Form must be completed before we depart.**

### Medicines

If your child needs to take medication, it must be prescribed by a doctor and be clearly labelled with the child's name and dosage. All medication must be given to Miss Finch on the morning of our departure.

### Allergies

If your child is allergic to anything please let us know and if they use any cream or medication to prevent "reactions" please give these to Miss Finch on the morning of our departure.

### Special diets

Please inform us of any dietary requirements for medical reasons as soon as possible.

## Recommended Kit List

Children need to be able to confidently carry all their own luggage, it is therefore essential that bags with what your child will need for the trip are small - we are only going for 3 days after all!

Overleaf is a recommended kit list for the residential stay. Please do not feel that you have to go out and buy new clothes or shoes for the trip. Old clothes will be much more comfortable and new shoes could rub feet. No jeans please as they get very cold and heavy if wet.

Please remember, clothing must be taken in a rucksack or **small** holdall. Bags must have the owner's name, address and school clearly labelled both inside and out. The luggage should be light enough to be carried unaided. All personal items should be marked in indelible ink with the owner's name. Footwear must be suitable for walking. Crocs and other sandals are not suitable for the water activities.

We advise that children practise packing their own bags so that they know where everything is during our stay and are able to re-pack their bags when it is time to leave. Please pack a large plastic bag/bin bag for laundry/wet clothing.

## Code of Conduct

All pupils must:

- Respect the ethos and values of our school.
- Treat all members of the school community and Mount Batten centre with respect.
- Seek a peaceful solution to all issues.
- Approach a member of school staff to help resolve any issues of concern.

## Insurance

Participants are covered by Cornwall County Council insurance in the event of negligence by one of its employees or agents.

## Terms and Conditions

Full payment is required by 28th March 2024, no refunds are due in the event of cancellation by a parent.

## Personal Kit List



Only **one small** bag please, clearly labelled with name.

**Comfortable and old clothing** - no jeans or vest tops.

- 2 pairs of trainers (one pair for land based activities, one pair that will get wet)
- Sun hat, warm hat
- Waterproof coat (please check it can keep water out before we leave)
- Waterproof trousers
- Swimming costume
- Towel
- 3 sets of clothes (3 x t shirt, warm top, bottoms)
- Plenty of socks and underwear
- Possibly a spare set of clothes if the weather looks particularly inclement for our stay
- Nightwear
- Wash bag with toiletries (toothbrush and toothpaste, body wash, shampoo and soap) no aerosols please
- Towel (some people bring one for showers and another for water activities)
- Small rucksack for day use. (please put your lunch, water bottle, waterproof coat and sunhat in here on the day we leave)
- Sunscreen
- Notebook and pencil and a list of what you have brought (this will help you when we pack to come home)
- Book (if you wish)
- Small torch
- Bin bag for dirty and wet clothes/shoes
- Lunch box + 500ml reusable water bottle
- Hairbrush and hair ties for long hair
- Any medication needed (asthma inhalers, allergy tablets etc.)

**Crocs/flip flops/reefs are NOT appropriate footwear for any activities.**

**Shoes for the water MUST have a closed toe and be well secured on the foot.**

### What not to bring

Mobile phones, Electronic games/consoles or iPods, Aerosols, Knives, Expensive items/best clothes. Jewellery is not allowed other than watches and stud earrings. **The centre provides** specialised equipment including wetsuits and buoyancy aids. We ask that children use the centre equipment as drying own wetsuits can be challenging and they take up a large amount of room in bags.

### Lunch required

- Packed lunch and drink for Tuesday - packed into small day rucksack.
- Snacks for journey home on Thursday, if you would like.

Please encourage your child to pack everything as this will help them when they have to re-pack their own bag on Friday!

**MAKE SURE EVERYTHING IS LABELLED WITH YOUR CHILD'S NAME**

The centre will not take responsibility for the loss or damage of personal equipment.

# Mount Batten Water Sports and Activities Centre

## Important Reminders for Parents

PRIORITY - the 'PARENTAL CONSENT & MEDICAL FORM NEEDS TO BE COMPLETED ON BOTH SIDES AND RETURNED TO THE OFFICE BY [Friday 22nd March](#).

### On the morning of departure

- Packed lunch in a lunchbox/bag and a 500ml refillable water bottle (we will use these for the rest of the trip) - placed in a small, day ruck sack.
- [Please arrive for 8:45am as usual.](#)
- Please bring your luggage into the school.
- Wear trainers and have your waterproof coat in your day bag.
- Please give any medicines to Miss Finch and complete the 'Medication' form on the day.
- Letters for your child (that have not been posted) can be handed to Miss Finch on this morning.
- Say your goodbyes and follow us out to the coach to say our goodbyes.
- Be brave!

We will call the school to inform them we have arrived safely.

### On our return

We are due to return at around 4:00pm-4:30pm.

This is not definite and we will send out updates as needed.

[PLEASE RETURN FORMS BY FRIDAY 22nd MARCH.](#)

## Important information for pupils - you will be noticed!!!

### Room competition

Points will be awarded for keeping your rooms clean and tidy.

Points will also be awarded for helping to keep the centre tidy, general helpfulness and a positive attitude throughout our stay.

Awards will be made throughout the trip!