

St Levan Primary School
where all children SHINE...for life

The Bottoms, St. Levan, Penzance, Cornwall, TR19 6HD
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Friday 9th February

To families and friends,

This week is all about "MVM!" My VOICE ²⁰²⁴ matters!

We've been having lots of time with Sarah who is our mental health teacher. She has been helping us to learn the Decider Skills. The parents came in to learn a bit more about the Decider Skills. We knew about how people have the fizz. Shall we write what the fizz is? Yes! Okay, the fizz is your emotions fizzing up inside you and you need to learn how to control them. Say, if I have a fizz bottle, if I open it quickly it's all going to come out quickly and explode everywhere but if I open it slowly it won't go everywhere.



The cakes were amazing. It sounds like the cakes are at the lifeboat station! Anyway, my parents saved a bit for me and I thought it was great. You know what the good thing was for me, I could have extra cake! Your Mum always makes nice cake anyway. My Mum makes nice cakes on my birthday. We raised £84 for Place2Be which is enough money for a child to have a one-to-one session with a counsellor! My Mum could make more cake and raise we could raise even even more money. I was thinking of having this stall in the summer where I could donate money to charity. Not in summer the child... I could put stuff on her back and sell it to people but people would think I was nuts though! I would like more cake. We should have a whole really big store of cake. Anyway, more on the week...

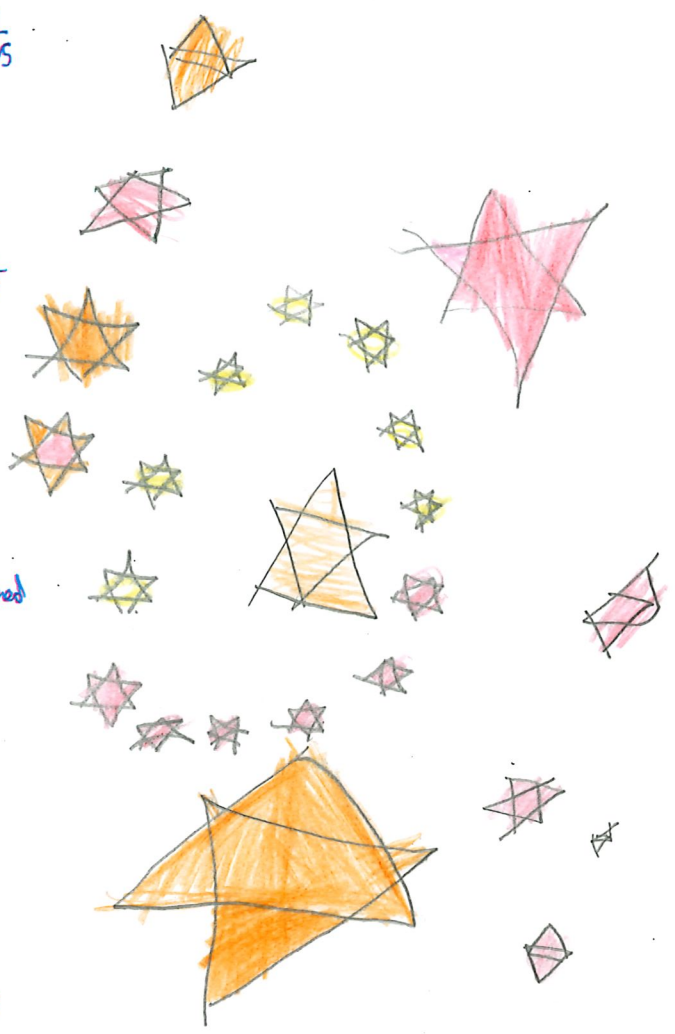


Yes!! Well, we have been also making the lanterns or something like a lantern parade. We did it with Billy, one of the student's dads. It's like, theres tape and willow and it can just make a lantern.



Attendance this week has been absolutely terrible. People have been going off every second of the day. Everybody was poorly!

There was lots of laughing about whether children had got ready for them. Some of the parents were a bit cheeky when they thought it was a fact that Cornwall was the best county. Literally everybody shouted 'fact'. One of the parents said people in other countries were wrong. They were correct in the end though and I hope they've learnt their lesson (it was an opinion!) I don't know what's been happening in Choughs. Has anything exciting happened?



I have an idea! Let's do Star of the week. Stars of the week are Choughs, Henry and Puggins, Celeste. Oh no! They were poorly as well and couldn't be there to receive their wonderful certificates and applause. Let's hope everybody has a wonderful half term and gets better for the next week.

Made by Ursula, Flora, Erin and Theo.



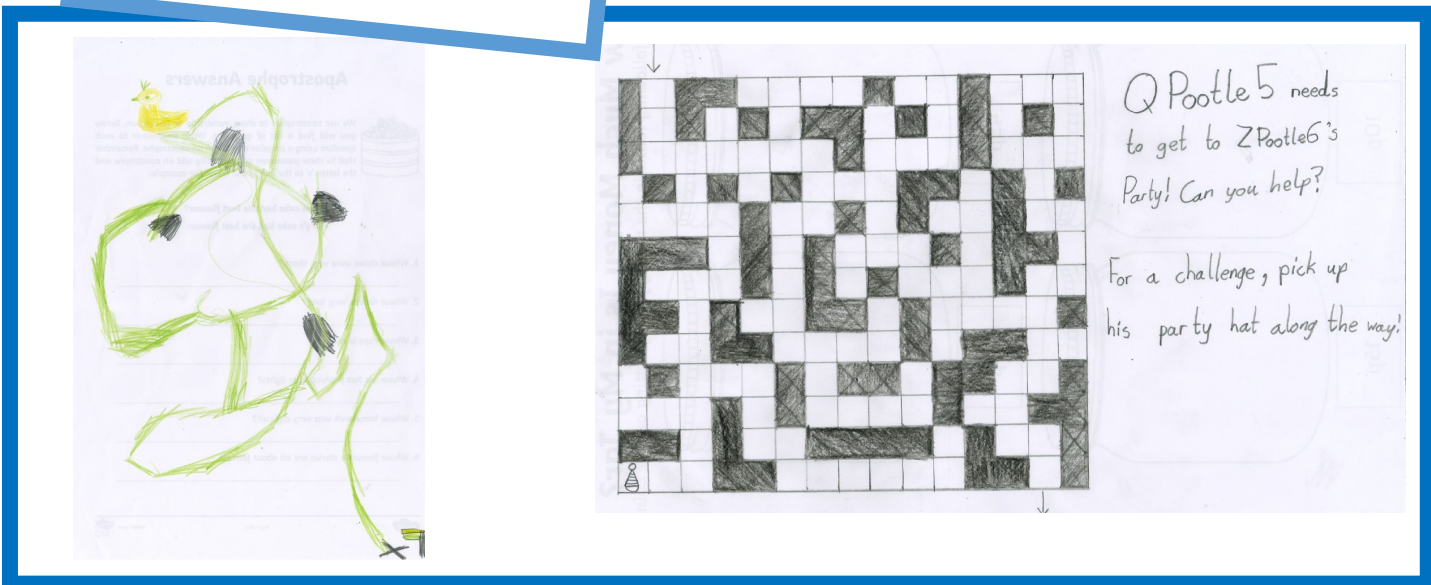
Reading Club games



Spot the Difference

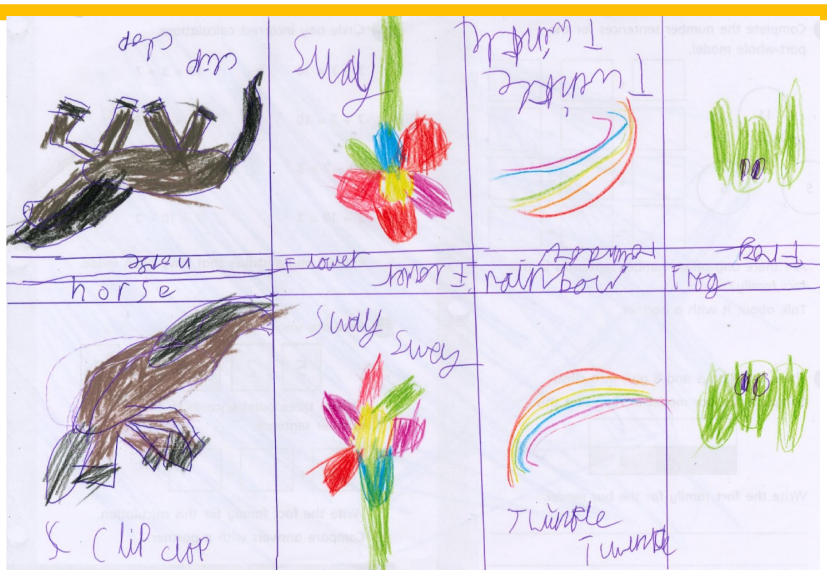


Amazing mazes!



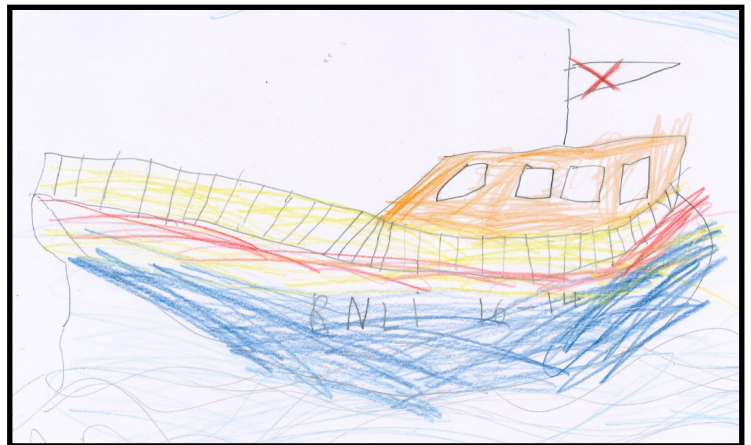
Snap!

Cut up the cards to play





To ollies Richard and Niel,
 Thank you for letting us on the boat.
 It was amazing.
 When we stepped on the boat it was a little bit scary.
 It was fun.
 My favrat bit was when you put the gear on.
 When I grow up I will be in the RNLI.
 And it looks fun.
 And it ~~looks~~^{is} scary. And it looks scary.
 From choughs class.



A Trip to the Beach Where the Whole Class is Ill!

Wednesday 7th February 2024



Rising Rockets!

Rockets were also fired (which seemed appropriate as our topic is Space). We experimented with different sizes of bottle and different amounts of water. We had requested extra bottles in case any of ours fell in the ocean which luckily they didn't.

"The rockets went so high!"

"Some of the water leaked which affected how far it flew!"

"Some of the rockets went whooshing off to the side!"

"It was like it was raining when the water flew out!"

Later, Puffins returned to the classroom where they had to write news reports about their trip despite being SO ILL that they could hardly lift their head's from the floor.

"Cough."

"Splutter."

"Sniff."



On Wednesday, the whole school took a trip to Sennen. Puffins visited the beach! As you know (because we've all been at home looking pale and reclining woefully on sofas) everyone has been ill this week so to get to the beach today around 1/2 the class had needed to drag themselves out of their sickbeds. Everyone was coughing, everyone was snotting and everyone was groaning and moaning for most of the morning!

Despite this, the Puffins positive attitude shone through and we managed to model the solar system taking over 700 steps as we did...

"The sun looked so tiny from Neptune—you could barely see it!"

"The outer planets are soooooo far apart but the outer planets are quite close."

"I can't believe how small Mercury was compared to Jupiter!"

Remarked several small, but very charming, children.

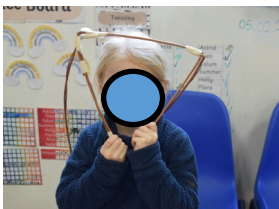


Space Lanterns!

On Monday and Tuesday, we made lanterns with Rafi's dad, Billy. It was a lot of fun! Thank you so much Billy!

On the first day of making them, Monday, we created their bases using willow sticks and a lot of masking tape.

On Tuesday, we plastered them with tissue paper and drew and cut out drawings of things you'd find in Space which we will add on before the parade. Please come and watch! We'll let you know when.



Wellbeing Ambassadors Assembly



Hmm I wasn't expecting that answer!

QUOTES

"we all had to do an extra skill which we hadn't much time to practice because Calum and Astrid weren't here."

" I love doing this because it's fun, it helps everyone! Even if only you remember one you will have success."



That was not the right answer!

On Monday the wellbeing ambassadors [helped by their wonderful trainer Sara] put together an amazing meeting to teach the parents all about THE DECIDER life skills!

We would like you to know that we did not take these photos on the day of the assembly.

The entire school including the parents who attended the assembly would like to say a monumental thank you to all the cake makers that took time to provide the most delicious cake .

Thank You!



I was expecting people to have their hands up

The decider is a sett of 12 life skills that helped people to proses big emotions and calm down. If you only remember 2 out of the 12 decider skills , you did well ,these skills will help you as you get older .

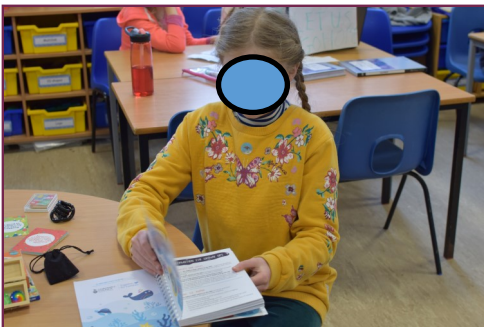


This is the best decider skill I am so lucky.

Marvellous Mental Health Trip



Our colouring, crayons, box pal and wellbeing cards.



Astrid looking at the booklet.

My Brilliant Place To Be Me is a mental health booklet for children aged 8-11 including fun activities like mood and sleep trackers, mindful colouring and kindness challenges to complete in a week.

On Wednesday 7th February, 3 year 5s travelled up to Truro to take part in some mental health themed activities to celebrate the launch of the new My Brilliant Place To Be Me campaign. They did mindful colouring, creative cookies and other awesome arty activities. One of their favourites was making their own ring, complete with a sparkly silver or gold base. Calum's favourite part was making the cute box pals. They are a really fun craft!

Everyone really enjoyed the experience— they all came back to school smiling and laughing. All 3 of them loved the trip!



Treasures in the treasure chest!

Pippie!

Things that Pippie does that make us laugh:

- **When Pippie flops into his bed**
- **When he plays with his toys and flicks them about the room or chews off their legs!**
- **Pippie's goofy walk because he's a bit scared of slipping on the floor**
- **When we stroke him, his fur is so soft and long**
- **When his hair is so long it gets into his eyes and he can't find his ball**
- **When Pippie sits patiently for a fish finger**



Safer Internet Day

The Internet can be
AMAZING!



STAY SAFE

As long as we use it safely, the internet can be a useful tool:

- **It can teach us**
- **It can help us keep in touch with friends and family**
- **It can provide fun and child-friendly games.**
- **It can help us invent new things!**

Internet safety day



**Safer internet day!
Making a difference**



**Make a difference online
by following these steps:**

- **Be mindful of what you share**

Keep it kind

Keep it safe

Keep it truthful

- **If you see something that is NOT ok:**

Report it!

- **Help teach your friends to stay safe online:**

Don't share passwords

Make sure your passwords are strong

Things have age ratings for a reason - stick to them!